

### **OUR MISSION**

Global Health Ministries is a nonprofit organization committed to strengthening Lutheran health systems that improve health for all people in the name of Christ. GHM partners in low- and middleincome countries in Africa, Central America and Asia, where Lutheran churches manage hospitals, clinics, and community-based outreach.

# ALL PEOPLE. EVERYWHERE.

#### **Executive Director's Letter**



"Expanding Impact" characterizes our work together in 2022. The following pages are filled with photos, stories and measures of this expansion through a remarkable year.

After two years of an almost all-consuming focus on COVID-19 and shipments of PPE and related items, we expanded our focus in 2022. Both the variety and value of items shipped grew this year. A significant

increase in value over 2021 with large donations of new items ready-to-ship, continued efficiency improvements in our warehouse, and an expanding number of volunteers all added up to expansion in our shipping ministry.

Introduction of handheld ultrasound equipment for our partners in Madagascar expanded access to high quality care, even in remote villages. Excitement about this technology is already spreading to our partners in other countries and may indeed be part of our expanding impact for years to come.

In Madagascar, Nigeria, El Salvador, and Tanzania, community-centered health promotion also expanded, reaching tens of thousands more people than were reached in 2021. Leadership development, from Community Health Worker (CHW) training to scholarships for nurses, doctors, administrators, and specialists also grew, reflecting the tremendous need for health workers in the countries where we partner.

Leadership consulting also expanded sustainable and constructive governance in mission hospitals and community-centered efforts through our consulting arm, GHAP.

Thank you for your support to make this expanding impact possible! Together we stand with our brothers and sisters around the globe, expanding their capacity to bring health and healing in Jesus' name.

Pastor Doug Cox



### THREE STRATEGIES

#### LEADERSHIP DEVELOPMENT

The shortage of health workers globally is profoundly impacting low- and middle-income countries. where GHM's partners serve some of the most isolated and underserved populations in the world. GHM invests in scholarships for health workers at all levels, to expand the workforce. Through our consulting arm, GHAP, GHM works with leaders to enhance the governance, management and leadership of partner health systems. In 2022, GHAP had seven on-going consultations with partners in 4 countries.

#### MEDICAL SUPPLIES

Most mission hospitals and clinics lack important medical equipment and even basic supplies. GHM gathers donated medical items, from exam gloves to ultrasounds, and matches them to partner requests. GHM also purchases and ships new equipment, expanding access to quality healthcare for people most on the margins. In 2022, GHM shipped 13 sea containers in support of hospitals, clinics and health programs in 6 countries. Through GHM's Suitcase Ministry, medical supplies and equipment were hand-carried in 57 suitcases to 14 different countries.

#### COMMUNITY-CENTERED

Led by the communities themselves, grassroots efforts for sustainable health improvement are the most effective way to improve lives and reduce mortality and morbidity. GHM supports Community Health Worker (CHW) programs in El Salvador, Madagascar, Nigeria and Tanzania, and encourages their expansion. In Madagascar GHM supports the training and placement of Community Health Nurses across the nation to mobilize volunteer CHWs in rural areas Community-led efforts included improved access to clean water and better nutrition.

#### **GRASSROOTS EFFORTS**

Desolation. The impact of persistent drought has been devastating for communities in the Androy region of southern Madagascar, like the village of Angodobo. Without rain, traditional, hand-dug shallow wells failed, and malnutrition rates soared, especially for children under 5. Collaborating with SALFA, the Lutheran health system in Madagascar, and local communities, GHM launched a **Health & Water** pilot project in response. In 2022, three boreholes were drilled at 50 meters each in three different communities including Angodobo, reaching deep-seated water far below the parched surface. The wells provide a sustainable source of clean water not only for drinking but for growing crops. Adapted agricultural practices followed, resulting in the first crop in five years. The on-going project includes support for a Community Health Nurse to mobilize a network of volunteer Community Health Workers. Together they identify and refer cases of severe malnutrition to the local SALFA clinic, teach about nutrition and focus on maternal and child health concerns.



### **GRASSROOTS EFFORTS**

The Community Health Worker program in **Nigeria** expanded significantly, more than doubling to 493 CHWs. These volunteers brought education to prevent disease and improve community health in a population of more than 58,000 people in 50 villages. Nigerian CHWs were given the opportunity to receive a loan to jump-start income-generation projects. In January, one CHW received a loan of 5,000 naira, the equivalent of about \$7. She used the money to make and sell pancakes. By August she had repaid her loan and had 60,000 naira in her savings. CHWs are motivated and deeply trusted volunteers who help their whole communities. Even a small loan like this empowers them to continue.

66 CHWs expanded their influence in Lake Tanganyika Diocese, **Tanzania** in 2022 - a project launched one year earlier during the COVID-19 pandemic, and strengthened through collaboration between communities, church leadership, and the Ministry of Health.



### **GRASSROOTS EFFORTS**

In **Madagascar** the Community Health Nurse (CHN) program continued to grow, and by the end of 2022, 24 graduated CHNs had been placed at 15 rural clinics serving a population of more than 21,000 in some of the most remote areas of the country. Leading clinical work with patients, they also provided training for traditional birth attendants and volunteer Community Health Workers (CHWs), teaching about nutrition, the importance of prenatal care, handwashing and more. Those volunteers brought their newfound knowledge into surrounding villages, expanding program impact exponentially.

The Lutheran Community Health Worker program is wellestablished in **El Salvador**, where 360 volunteer CHWs serving communities across the country continued to expand their knowledge with regular trainings and workshops in 2022.

GHM supported more than **926 Community Health Workers** in El Salvador, Madagascar, Nigeria and Tanzania in 2022.



### SHIPPING MEDICAL SUPPLIES

GHM shipped 13 sea containers to waiting partners in 6 countries in 2022. At their request, the number of recipients expanded significantly as we added 23 Schools of Nursing in **Liberia**, as well as 27 rural clinics and multiple hospitals in Madagascar to the list of destinations. Many of these health outposts received "Joy in a Box" - a pallet full of vital supplies specifically requested by the facility, or based on recommendations of the World Health Organization. GHM container shipments reached a total of 187 different recipients in 2022.

In May, Mr. Dube, General Secretary of the Evangelical Lutheran Church in Zimbabwe (ELCZ), greeted the arrival of GHM's 23rd container to **Zimbabwe** with joy. "It was so gratifying for our health care units to have operated almost normally with availability of consumables and equipment at a time when other not so fortunate units haven't had access to such items." Sent in partnership with the ELCA, GHM shipments to Zimbabwe helped equip 4 hospitals, one rural clinic and 3 community outreach programs, 2 of which offer hospice care.



### SHIPPING MEDICAL SUPPLIES

In partnership with the Reformed Church in America, GHM shipped the first handheld ultrasounds to **Madagascar** in 2022. Dr. Sarah Joseph, an Emergency Medicine Physician and GHM consultant on the project, provided the first round of training on their use. SALFA was proud to be the first in the country with this diagnostic tool, which expanded access to ultrasound technology to SALFA's network of rural clinics, and their patients. SALFA hospital doctors could also begin using this tool in their emergency rooms, where a quick diagnosis can be life-saving.

Suitcase Ministry more than doubled as travel started returning to pre-pandemic levels. Dr. Mordecai Gemer hand-carried surgical instruments and supplies to Ngaoubela Hospital in **Cameroon**, where he provided training on several procedures. He sent this photo of Ngaoubela doctors sorting the donated instruments, exclaiming "I am almost crying, it is a very emotional situation to watch this unpacking of the suitcase."

The Fair Market Value of medical supplies and equipment shipped by GHM in 2022 was more than **\$4,400,000**.



#### LEADERSHIP DEVELOPMENT

With support from GHM and the ELCA, Dr. Solofo was one of 4 doctors participating in a program designed to raise up the next generation of surgeons for SALFA, the Lutheran health system in **Madagascar**. This program was launched in 2022 as several of SALFA's most experienced surgeons approached retirement age. These highly trained "master surgeons" mentor the younger doctors, teaching specialised surgical skills that aren't often taught in Madagascar. The apprentice doctors commit to continue working in SALFA hospitals after they complete their general surgery studies and rotations.

GHM/GHAP consultants Dr. Nesa Joseph and Elizabeth George continued a consulting relationship with SALFA's leadership team. SALFA's CEO, Dr. Sahondra, acknowledged the impact of their work together: "And this will continue ... because all you provided (training, advice, materials) will be wisely used to improve SALFA leadership, management, patient care, and improve the quality of service ... You made a 'snow ball' which will become bigger and bigger to reach all SALFA from the facilities to the Board."



#### LEADERSHIP DEVELOPMENT

The World Health Organization projects a global shortfall of 9 million nurses and midwives by 2030. Most of that shortage will be in low- and middle-income countries where few can afford training. In 2022, GHM scholarship assistance expanded opportunities for 146 nurses and midwives in Ethiopia, Madagascar and Tanzania. Sister Roman was one of 11 scholarship recipients in **Ethiopia**, where she was a student at Aira Health College of Nursing. In her words, "Before my father died, he was a nurse and I watched him and started to question why do not I become a nurse. I competed for nursing at Aira Health College and succeeded by the fund support from GHM ... After 3 years of extensive trainings, I succeeded in all exams and got an opportunity to be employed at Aira Hospital. Then my dream became real. I was wearing his gown and imitating him, too." Roman now expands access to health where she serves

In 2022, GHM funded scholarships and training for **1,107** doctors, nurses, midwives, lab techs and Community Health Workers in 5 different countries, a 29% increase over 2021.



### HELPING HANDS

GHM welcomed back volunteers of all ages and backgrounds to the warehouse, from corporate team-building groups to retirees, families, youth groups, VBS kids, and others. Special needs groups included hearing-impaired students, and high school students participating in a program that prepares blind or visually impaired young people for adult life.

GHM volunteers help the hands that heal in a variety of ways, from receiving, sorting and packing supplies in the warehouse to serving on committees. One group that continues to astonish and inspire is the FROGS ("Faith Retired Old Guys"). Members of Faith Lutheran in Coon Rapids, Minnesota, the FROGS gather every Friday morning at GHM to clean the offices and public spaces. Because of the FROGS, GHM doesn't pay for a cleaning service, savings that directly impact GHM's operating budget. The FROGS could gather over a leisurely breakfast every Friday morning, but instead they enjoy coffee and conversation at GHM after providing a significant service to this organization.

GHM recorded more than **22,700 volunteer hours** in 2022, an increase of 16% over 2021.



### STAFF

Director of GHAP

Doug Cox Executive Director Ceallaigh Smart Director of Philanthropy Kim Dickey Director of Communications Michelle Hoffart Office Manager Scott Lien Director of Operations Bart Oothoudt Director of Finance & Administration Ashley Rabemahefa Social Media Coordinator John Scheck Warehouse Manager & Volunteer Coordinator Don Seaburg Manager of Waste to Revenue **Rob Thames** 

### **BOARD OF DIRECTORS**

President: Sue Simonett, MBA, BA

Vice President: Lon Kightlinger, MSPH, Ph.D.

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lim Buhr, BA, MD

Anne Langdji, ELCA Service and Justice Rep

Prosperity Eneh, PharmD, MS

Peter Getts

Glen Holt, MD

Allen Klingsporn

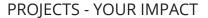
Fliah Madukuli

Miriam Monson, RN, BSN

Fehy Rabemahefa Rev Samuel Wolff

### 2022 FINANCIALS

Thank you for investing in our work to ensure all people, everywhere, have access to a healthy life. We can't do this without you.



75%

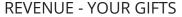
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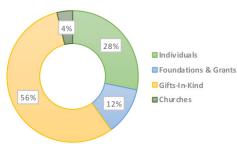
Community Based

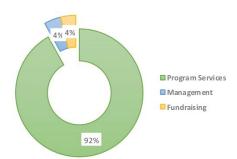
Leadership Training

Sustainable Development









Sur	nmary	of Activities	
		<u>2022</u>	<u>2021</u>
Revenue	\$	6,803,629	\$ 5,877,190
Expenses	\$	7,519,790	\$ 5,408,303
Revenue less Expense	\$	(716,161)	\$ 468,887

	<u>Sumn</u>	nar	<u>y of Net Assets</u>		
Without Donor		With Donor		December 31,	
Restrictions		Restrictions		2022	
\$	4,354,080	\$	2,654,486	\$	7,008,566

### YOUR IMPACT



This (availability of handheld ultrasounds) is changing healthcare within the US, but we're also seeing how it can change healthcare in every setting around the world."

GHM consultant and Emergency Medicine Physician Dr. Sarah Joseph provided onsite training and helped fund the first handheld ultrasounds to Madagascar.

For years, our congregation has used our hands to roll bandages and pack Hospice and Newborn kits to connect with people around the world through GHM. Our two most recent capital campaigns have helped healing hands in Madagascar have access to clean water at Ejeda Hospital where we've sponsored a well and helped improve patient family housing. Thanks to GHM for tending relationships that help us share in God's vision for a healed world!

~ Pastor Kris Tostengard-Michel Bethlehem Lutheran Church Twin Cities





I have had the privilege of being an on-the-ground witness to the transformational changes GHM has made in the health care systems of its international partners and the communities they serve. We are thankful how God continues to bring healing to so many."

~ Dr. David Thompson

Medical missionary Dr. David Thompson and his wife Joan have been involved in GHM and supporting its endeavors for many years. For the last decade David has worked especially closely with our partners in Nigeria. Having seen the impact firsthand, he and Joan chose to become GHM Legacy Partners by including GHM in their estate plans. Thank you for making a lasting impact through GHM!



2022 was a remarkable year. GHM's Annual Report shares how your generosity

made it possible for GHM to advance our mission to improve access to a healthy life for all people, in Jesus' name.

Thank you for making an Impact to help the hands that heal.

Learn more at www.ghm.org 763.586.9590

