



KNIT BABY HATS

Baby hats are included in GHM's Newborn Kits. These kits help Lutheran mission hospitals and community health workers reach out to women for prenatal care and well-baby checks. Baby hats are also sent to mission hospitals for their youngest pediatric patients and as gifts for new moms to help them care for their babies.

Note: The circumference of a newborn baby's head is approximately 14 inches. As a guide, purchase a 5-inch Styrofoam ball at a craft store. The cap should fit comfortably on the ball.

Knit Baby Hat:

- Use baby yarn or thin soft 3 ply and needles to match yarn.
- Cast on 68 stitches on 2 needles - very loosely.
- Rib: 2 knit, 2 purl for 12 rows.
- Continue in stocking stitch until 3.5 inches.
- Decrease gradually for 1 inch (total length of cap 4.5 inches).
- Pull yarn through remaining stitches, gather and fasten.
- Sew seam.

Works equally well on four needles, and then you don't have a seam to sew. Also nice if you simply continue in rib for the full length of the cap.



PLEASE MAIL OR DELIVER TO:

GLOBAL HEALTH MINISTRIES
7831 HICKORY STREET NE
MINNEAPOLIS, MN 55432