

Maybe YOUR midwife kit will be used in a home like this



God bless your effort to serve Him by helping the hands that heal!

GLOBAL HEALTH MINISTRIES (GHM)

is a grassroots movement that provides financial and material support to Lutheran health care mission programs in developing countries. GHM supporters believe there are significant untapped health care resources in the United States that are desperately needed by Lutheran medical missionaries and the people they serve overseas.

**GLOBAL HEALTH MINISTRIES,
7831 Hickory Street NE, Minneapolis, MN 55432
Tours of the Global Health Facilities can be arranged.
Call (763)586-9590**

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Yes, Midwife Kits can help!

The birth of a baby should be a happy experience. In some countries, however, it brings new worries and problems. What if the baby is ill? How do we keep the baby warm? How do we feed another mouth?

When the newborn arrives it may be with the assistance of the local midwife - if there is one in the area, and if the family will accept her assistance.

The midwife has the training and knowledge to handle the delivery but often does not have the very basic equipment, such as a clean cloth for the mother to lie on, a suitable instrument to cut the umbilical cord, or a towel to dry and wrap the baby.

Now imagine a baby born at a hospital in your hometown - - -

Then take a moment to imagine a baby born in Africa, India, Madagascar or New Guinea. That baby has the same need to arrive in a well-prepared environment - and the same need for a chance to survive as a baby born at a well-equipped suburban hospital in The United States.

How do we bridge the gap between abundance and nothing?

As friends of **Global Health Ministries** we have the opportunity to serve in a very special way by providing much-needed medical supplies and equipment to areas of the world where the people have very little.

We have been challenged to provide “**midwife kits**” which GHM will send to the areas where they are needed so that the midwives and the new mothers may feel that they are not alone, that someone cares, and that they can welcome the babies into a safer world.

Our reward: Their profound appreciation and the joy of serving the Lord and making a difference.

See inside for complete instructions →



Aren't babies wonderful?

Please follow these directions carefully

ONE MIDWIFE KIT contains:

(Please use new or clean used items in excellent condition)

- ◆ 1 36" square muslin or sheeting - not necessary to hem
- ◆ 1 regular size bath towel. New or gently used*
- ◆ 1 wash cloth
- ◆ 2 white cord ties: 8" long, 1/4" wide twill tape, or heavy white knit/crochet cotton yarn
- ◆ 1 bath size bar Ivory soap
- ◆ 1 new razor blade (*single edge, safety wrapped*). *May be purchased at home improvement store*
- ◆ 1 newborn stocking cap (*keep hand knit ones small, use baby yarn*). See next page for size.
- ◆ 1 small cotton blend or flannel shirt (*to waist only as babies do not wear diapers*)
- ◆ 1 receiving blanket
- ◆ 1 pair plastic or latex gloves (*clean, not sterile*). *NO kitchen gloves*

IMPORTANT: Pack cord ties and razor blade in small plastic bag to keep razor blade separate from soap as the moisture from the soap causes the razor blade to rust. Pack all items in a 2 or 2 ½ gallon "Ziploc" type plastic bag. *Squeeze air out of the bag before sealing.*

See opposite page for some helpful hints

COMPLETED KITS

10 to 15 kits to a box, can be mailed or delivered to:
**Global Health Ministries 7831 Hickory Street NE,
Minneapolis, MN 55432**

Helpful Hints

and money saving ideas

(The more you save - the more midwife kits you can make)

- Muslin or sheeting:** Used sheets in good condition can be cut to size (Use remnants for bandages). Check with local hotels - they may have sheets they can't use. Or get them from family, friends, garage sales, second hand stores, or put a note in your church bulletin.
- Bath towel:** Also check with local hotel about towels. Maybe they have some that are not "up to standard." Or look for bargains in discount stores.
- Wash cloth:** Some stores have bundles of 12 or 18 for around \$5.
- Cord ties:** You can cut an abundance from a skein of heavy white cotton knit/crochet yarn.
- Stocking cap:** Cut an 8" x 8" piece of stretchy knit fabric (T shirt type), fold in half lengthwise and sew or serge edge. Gather the top and sew or tie. Fold the other end up. A newborn's head is about 14" circumference.
- Shirt:** Sew from flannel. OR buy nice looking light terry or knit sleepers at garage sales or second hand stores. They are often in good shape since the babies grow out of them so fast, but they must be cut just above the crotch and hemmed.
- Receiving blanket:** The cheapest are probably the 5 or 6-pack available at some discount stores. But even better: You may find some almost new flannel sheets at the second hand store, cut them to size and serge or finish with a close zig zag around the edge.

***ALL USED ITEMS SHOULD BE IN EXCELLENT CONDITION
- "GENTLY USED" - AND NOT STAINED**