



# PINLESS DIAPERS

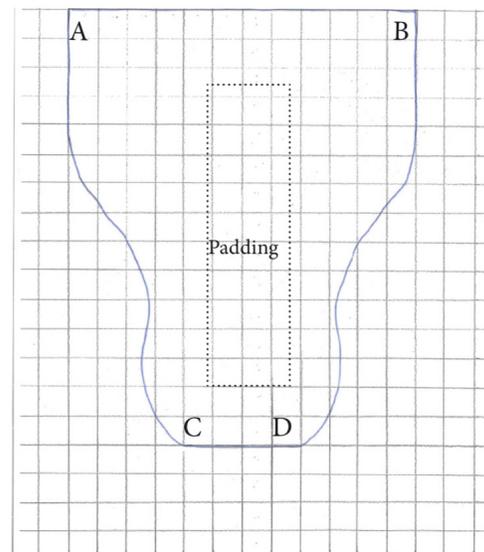


*Cloth diapers are included in GHM Newborn Kits, which are often used by health workers as a gift to encourage women to seek prenatal care during their pregnancies. We know it can be challenging to find cloth diapers, and diaper pins, in stores. These diapers, which can be secured without pins, can be made out of any soft cotton fabric; the padding can be made of a few layers of absorbent fabric. Grosgrain ribbon or twill tape works well for the ties.*

**Step 1.** Place the pattern on the fold and cut around it. Each square on the pattern at right represents one inch.

**Step 2.** Cut a 10" square from fabric for padding (thin flannel works well). Fold 2 times to make 3 layers of absorbent padding.

**Step 3.** On the wrong side of the diaper fabric place the padding 2 to 2 1/2 inches from the fold. Pin in place. Stitch around the padding edges as well as lengthwise down the middle to secure it.



**Step 4.** With right sides together stitch around points A to C and B to D.

**Step 5.** Turn diaper to the right side through the gap between C and D. Stitch the seam between C and D. (If A and B are not on the fold, stitch this side closed as well.)

**Step 6.** Cut two 9-inch ties from ribbon or tape and attach to the outside of the back of the diaper, one at A and one at B.

**Step 7.** Cut two 3 1/2-inch pieces of tie, lay each perpendicular to the edge of the fabric at front of diaper (between C and D) and stitch at top and bottom to make two small loops. The ties will go through these loops to be tied around the waist of the baby, securing the diaper.



**PLEASE MAIL OR DELIVER TO:**

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