



NEWBORN KITS

Please follow these directions carefully, and make sure used items are free of stains or tears.

One Newborn Kit contains these new or gently used items:

- 1 regular-size bath towel, lightweight, approx. 50" x 26"
- 1 washcloth
Please not microfiber
- 1 bath-size bar white Ivory soap
In original packaging
- 1 newborn cotton t-shirt or "onesie"
Size 0-3, or newborn
No need to cut off the bottom of a onesie
Patterns for soft cotton shirts are also available on GHM's website
- 1 newborn stocking hat
Small size, a newborn's head is about 14" circumference
Pattern suggestions for knit and crocheted hats are available on GHM's website
- 1 baby receiving blanket, between 30" x 30" and 48" x 48"
Soft cotton or medium-weight flannel
Note: knit or crocheted blankets are not included in Newborn Kits
(they are sent separately to partner hospitals)
- 2 cloth prefolded diapers
Cotton with reinforced center panel, minimum size 12" x 16"
Gerber diapers online are a good source
A pattern to make diapers from t-shirts or flannel is available on GHM's website
- 2 diaper pins
Please no safety pins
Pin diaper pins onto diapers

To assemble your kits:

- Lay items on center of towel, fold and roll (like a burrito!)
- Place towel bundle in a pillowcase if available, or tie bundle securely with strips of cloth, ribbon or twine
Please no plastic bags



PLEASE MAIL OR DELIVER TO:

GLOBAL HEALTH MINISTRIES
7831 HICKORY STREET NE
MINNEAPOLIS, MN 55432